Patient’s sleep study indices

Sleep Study Summary:

- **Oxygen Desaturation Index**: This index measures the minimum and maximum oxygen saturation values.
- **AHI (Apnea Hypopnea Index)**: This index provides additional information about the severity of OSA.
- **O2 (%)**: This index includes the number of oxygen desaturation events during an hour of sleep. An event is considered an arousal if the saturation is reduced for more than 4%.
- **PAT Apnea and Hypopnea Index**: This index includes the number of apnea and hypopnea events per hour of actual sleep.

Interpretation of the Watch-PAT100/200 Sleep Report

This document describes the Watch-PAT100/200 study report and provides guidelines for its interpretation.

The Watch-PAT100/200 Sleep study report consists of three pages. The first page gives the patient information, referring physician, and brief medical evaluation. The second page gives the patient’s sleep study indices and a graphic report of the sleep study. The third page shows chart representation of sleep states and respiratory indices.